

Prayer Resources to help you in your daily prayer routine

Alive to God

Alive to God sends out Daily Thoughts of encouragement every weekday via e-mail to inspire believers in their walk of faith with God.

www.alivetogod.com

Faith for Daily Living

Faith for Daily Living is a non-denominational guide to confident Christian living published by the Faith for Daily Living Foundation.

A daily reflection based on Scripture via email or online (on our website and Facebook) .

www.faithfordailyliving.org

Centre for Action and Contemplation

Daily meditations from Richard Rohr

<https://cac.org/category/daily-meditations/>

Bible in One Year

A free Bible reading app with audio commentary by Nicky and Pippa Gumbel. Also available as a daily email.

www.bibleinoneyear.org

Resources from ***Ignatian Spirituality*** including Lectio Divina, Gospel Contemplation, Act of the Presence of God, daily Examen

Ignatian spirituality is rooted in the conviction that God is active, personal, and —above all— present to us.

<https://www.jesuitinstitute.org.za/spirituality-resources/>

<https://www.ignatianspirituality.com/ignatian-prayer/the-examen/#handouts>

Daily Office of Morning and Evening Prayer

The Daily Office of Morning and Evening Prayer is an ancient Christian tradition and offers a structured approach to Scripture and prayer. The Scripture readings follow the Christian Calendar.

Morning and Evening Prayer can be said corporately or individually and connect us with the thousands of Christians around the world who are praying the same offices.

Links on our website:

Services of Morning and Evening Prayer recorded by Susan van Niekerk.

<https://www.stmartins.co.za/Resources>

Lectio 365

LECTIO 365 is a daily devotional resource that helps you pray the Bible every day. Available as a mobile app on Apple and Android.

For more information:

<https://www.24-7prayer.com/dailydevotional>